

Four Learning Benefits of Alternative Formats

Learning Content that Works for You

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Did you know when you engage different senses- like reading a text and listening to a text-that you activate different parts of the brain, which can enhance your understanding? Try reading the Tagged PDF first and then listening to the Audio MP3 for review. Or, if you are struggling to understand the text, you might try listening and reading at the same time.



Improve your Time Management

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Become a Better Learner

Think about the best format for your learning context and objective, and include multiple formats in your study process. Keep a journal of the formats you use leading up to an exam or paper to discover how you learn best. For more information on the alternative formats, check out:

https://tinyurl.com/AltFormatsStudents